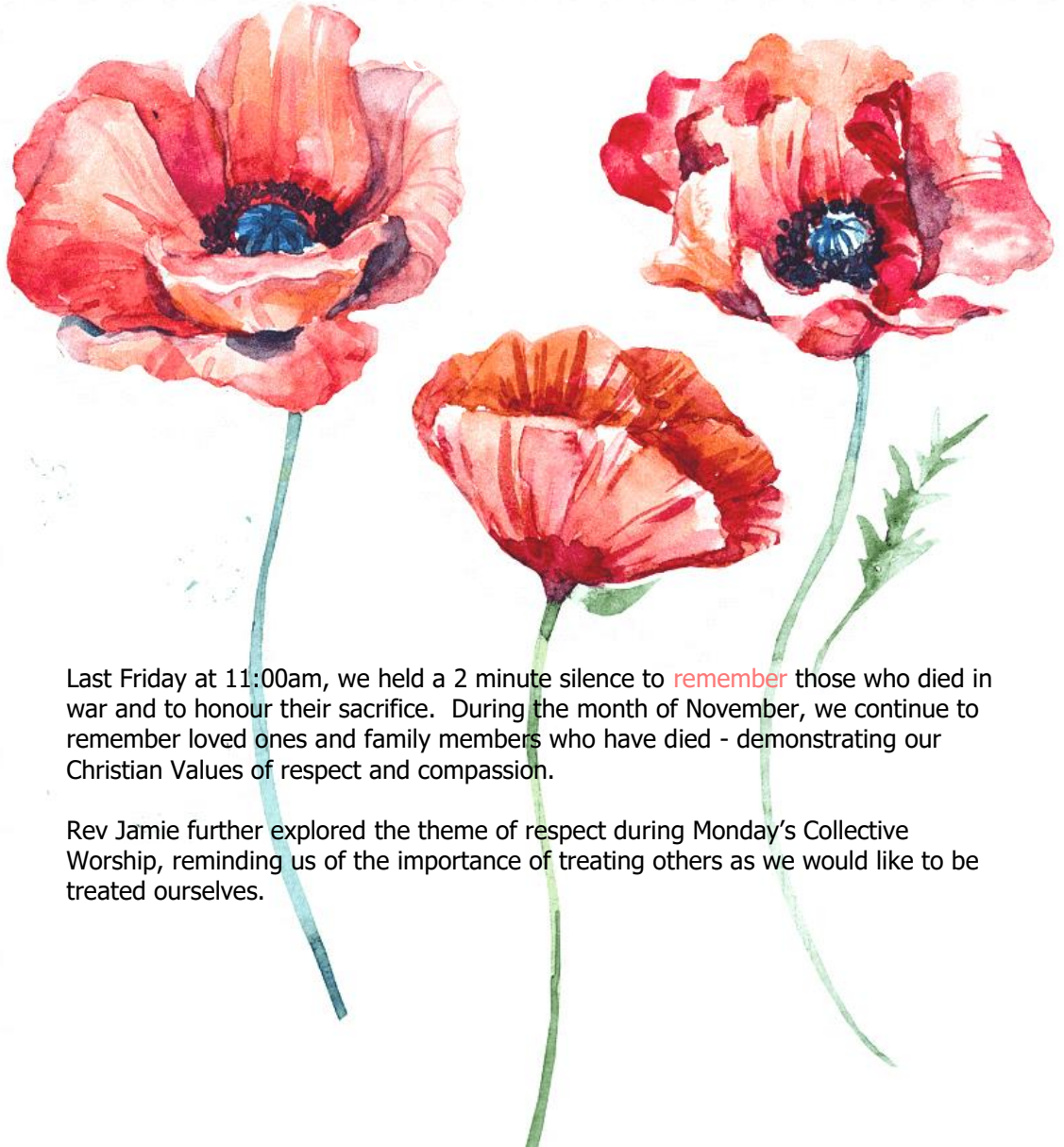


DEAR PARENTS AND CARERS



Last Friday at 11:00am, we held a 2 minute silence to **remember** those who died in war and to honour their sacrifice. During the month of November, we continue to remember loved ones and family members who have died - demonstrating our Christian Values of respect and compassion.

Rev Jamie further explored the theme of respect during Monday's Collective Worship, reminding us of the importance of treating others as we would like to be treated ourselves.

Best wishes

Mrs Rebecca Harris Headteacher and Miss Taryn Jackson, Deputy Headteacher

Go shine in the world as Jesus did, with compassion, honesty and integrity.



Meet the staff in the St George the Martyr kitchen team, who work very hard preparing the children's school lunches, with a smile on their faces every day. Please read on and enjoy hearing our children's thoughts about the new and improved lunchtime provision.



"I like potatoes and cheese, I like sitting with my friends to eat the food" Jemma.

"I think the lunch today was very good" Lucan

"I do like the Lunches because they have everything for a balanced diet" Augusta

"I like eating noodles, they are tasty." Aliyah

"The school lunches taste scrumptious, they are very filling and are yummy" Nathan

"The food is really tasty. I wait for Friday to have my favourite which is Fish Fingers" Shappire

"I like the school lunches because it's something different every day and meat free on Monday" Arya M.





Year 6 School Trip to Charles Dickens Museum

On Friday the 11h November, the Year 6 class attended the Charles Dickens Museum where they were able to investigate his life and learn about his writing. The children found out that he wrote *Oliver Twist* in the very house they were standing in and even managed to locate many references from the book.





The children also attended a workshop all about how Charles Dickens wasn't always liked by people as he stereotyped his characters such as Fagin (from *Oliver Twist*). It was only after many letters from his fans did he change his writing to become less offensive.

The children had a wonderful time exploring the artefacts of the museum and even managed to see his bedroom commode (gross)! At great experience was had by all and we would highly recommend a visit.

Our grateful thanks to Learning Manager, Ben Venus who facilitated this wonderful trip.



The ZONES of Regulation

			
<p>Blue Zone</p> <p>bored tired unwell shy deflated</p>	<p>Green Zone</p> <p>focussed calm proud relaxed</p>	<p>Yellow Zone</p> <p>worried frustrated silly excited scared</p>	<p>Red Zone</p> <p>angry terrified ecstatic panicked overjoyed</p>

Children at St George the Martyr have been learning about the zones of regulation.

We are hoping to run a session for parents in the Spring term as part of this important work.

The children are taught:

- About emotions and to recognise what zone they are in.
- It is natural to experience all zones at one time or another.
- You can fluctuate between the zones throughout the day.
- All zones and all feelings are okay, but not all behaviours are okay.
- When we notice that our behaviour is not appropriate to the situation, it is a clue that we need to manage ourselves differently.
- Strategies to regulate themselves back to the 'Green' Zone e.g. breathing techniques, counting, stretching, squeezing hands together, talking to someone.

Camden Music Festival at the Royal Albert Hall In April 2023



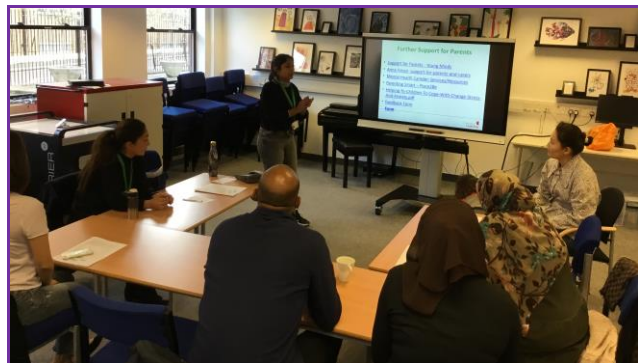
We are delighted to let you know that post Covid, Camden Primary schools are once again able to showcase the musical talent in their schools at the Royal Albert Hall. The RAH event is something that young people and their families will always remember being a part of.

This year, it will be Year 4 who will be the leading lights in this memorable event. Miss Nash and Mrs Harris attended an introductory meeting earlier this week, which gave them an opportunity to get to know the songs and learn about the logistics of this significant event.

After Christmas Year 4 parents can look forward to their children learning six new songs in preparation for this exciting event. Look out for a letter about this today.



Well-Being Workshop for Parents



NEILA HIRANI AND DEBORAH KAISER WILL CONTINUE RUNNING A SERIES OF **WELL BEING WORKSHOPS** FOR PARENTS AT THE SCHOOL ON THE FOLLOWING DATES.

- **Tuesday 29th November: Managing our own stress and wellbeing**
- **Tuesday 6th December: Promoting Positive Body Image and Self-Esteem.**

PLEASE POP BY THE SCHOOL OFFICE OR BOOK BY PHONE IF YOU ARE INTERESTED.

All sessions will start at 9:00 am.

Tuesday 29th November 2022
Managing our own stress and wellbeing

- Looking at the impact of lockdown and Covid-19 on our mental health
- Recognising what makes us feel stressed
- Strategies and activities that help us cope better and manage our stress

Please sign up at Reception to book your place



Dear EYFS and KS1 Parents and Carers:

We're teaching every
child to read with
Little Wandle Letters
and Sounds Revised
A complete SSP validated by
the Department for Education



We are excited to invite you to join us for an **Early Reading Workshop** on Tuesday 22nd November at 2:45pm in the school hall. Our Reading Leader and Year 1 teacher Mrs Ross, and Reception teacher Miss Hope will be explaining how your child is taught to read in school, and how you can help them on this learning journey at home. They will deliver an overview of phonics and reading practice, as well as offering you some helpful tips for sound pronunciation, reading for meaning and engaging your child at home. There will, of course, also be time for you to ask any questions at the end.

We hope to see you there, and thank you for your continued support.

This week in **Destination Reader** lessons **KS2** children have been **Inferring**



Inferring means using clues and prior knowledge to find out what the author doesn't tell us.

You can make inference about the character, setting or mood.



GOLD STAR OF THE WEEK



Arya Murshed

It is an absolute pleasure to have Arya in our classroom.

She approaches daily life with a smile and tries at all times to face any challenge with determination, grace and enthusiasm. She is caring, compassionate and always demonstrates a great sense of empathy.

Arya is incredibly hard working.

She always ensures that her work is of a high standard and she should be incredibly proud of all the success she has achieved in her learning throughout her time at St George the Martyr.

Arya is a loyal, honest and inspirational young lady. She is a great support to her friends and peers and is always willing to lend a hand. Her positivity and sense of humour is infectious and she always aspires to "Go shine in the world".

Well done for being our Gold Star winner!

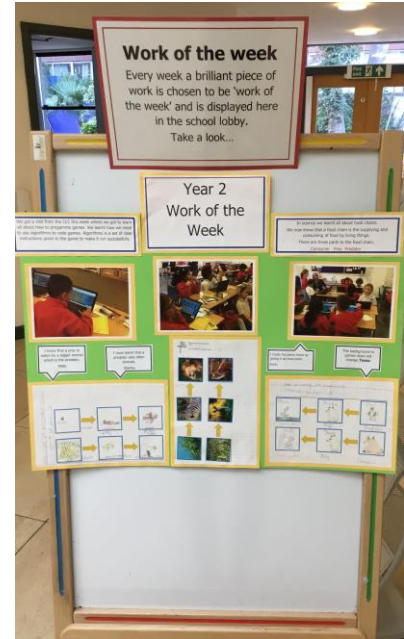
Year 2's Work of the Week

We got a visit from CLC this week where we got to learn all about how programme games. Algorithms is a set of clear instructions given to the fame to make it run successfully.

In science we learnt all about food chains. We know that food chain is the supplying and consuming of food by living things.

There are three parts to the food chain.

Consumer – Prey- Predator



october gallery

FAMILY ART DAY

FREE ART AND PLAY AT OCTOBER GALLERY

10AM - 12PM
USUALLY
LAST SATURDAY
OF THE MONTH

**FREE
DROP-IN
FOR ALL
AGES**

**SATURDAY 29 OCTOBER
SATURDAY 26 NOVEMBER
SATURDAY 10 DECEMBER**

OCTOBER GALLERY, 24 OLD GLOUCESTER ST.,
LONDON WC1N 3AL

JESS@OCTOBERGALLERY.CO.UK
WWW.OCTOBERGALLERYEDUCATION.COM

Information for Parents

Do you have any questions about school life?

We are of course, really happy to answer any questions about school, no matter how small. Do phone the school office to ask questions or ask to arrange an appointment to speak to the class teacher. You can also speak to myself or Miss Jackson (Deputy Headteacher).

A member of the office staff will also be available in the playground in the morning. If you are worried about something, see us straight away. Don't let a little worry turn in to a big one. We also like to hear your good news. It helps to keep us going with a smile.



Mrs Rebecca
Harris
Headteacher

Prayer

*Dear God
Thank you for the
beautiful world all
around us, for its
many wonders and all
its colours.*

*Help us to care for
and respect all the
wonderful things
around us and help
us to take the time to
enjoy them.*

*Help us to look after
and protect all that is
in the world so that
everyone can enjoy it.*

Amen



Please remember the importance of your child being at school on time and being in school every day.

Holidays during School term time will not be authorized.

Information for Parents

Please see below key dates for your diaries this term:

NOVEMBER

Monday 21st November: Year 4 School Trip to The Museum of London.

Tuesday 22nd November at 2:45pm Early Reading Workshop for EYFS and Year 1 parents on in the school hall.

Wednesday 23rd November: Y1 Advent Collective worship at Church - all Year 1 parents welcome.

Friday 25th November: Year 2 School Trip to The British Museum.

Monday 28th November: Year 1 School Trip to The British Museum.

DECEMBER

Friday 2nd December: Year 3 School Trip to the Fire Station in Soho.

Tuesday 6th December: Theatre Workshop for Reception Class at the School.

Wednesday 7th December: Piano concert at 2.15pm

Friday 9th December: School Christmas Fayre 3.30 -5.00pm

Tuesday 13th December: Christmas Performance at 2.00pm

Wednesday 14th December: Christmas Performance at 2.00pm

Thursday 15th December: Christmas Jumper Day, Christmas lunch today, Christmas Panto and party bags 😊

Friday 16th December: School finishes at 2.00pm

SGTM WEEKLY AWARDS

Star learners / Christian Value certificates

Class	Star Learners	Christian Value
Nursery	Sana	Henrietta
Reception	Princess Ruth	Arienne
Year 1	Maryam	Solomia
Year 2	Daniel B	Mohammed A
Year 3	Saffia	Saleh
Year 4	Saffia	Saleh
Year 5	Bentley	Alina
Year 6	Rumaysa	Maya

Attendance

CLASS	PERCENTAGE
Nursery	89.1%
Reception	92%
Year 1	94.4%
Year 2	94.3%
Year 3	95.3%
Year 4	94.5%
Year 5	94.4%
Year 6	96.6%
Whole School	94.3%

Well done Year 6 , Year 4
and Year 1



Reading

CLASS	PERCENTAGE
Year 1	99%
Year 2	89%
Year 3	97%
Year 4	99%
Year 5	95%
Year 6	96%