

At St George the Martyr, we prepare pupils to keep themselves safe by educating them to understand risks and make good choices. Our Personal, Social, Health and Citizenship Education curriculum includes a weekly lesson taught for each class; visits and visitors are arranged on a range of topics relating to safety; we hold assemblies on different aspects of safety and our staff model keeping themselves and appropriate behaviour each day in their interactions with pupils.

Pupils at St George the Martyr have visits from our Safer Schools Police Liaison officer, the Fire Brigade, the NSPCC and from TfL Citizenship experts. Mary Rebelo from the CLC also visits each class to talk about how to stay safe online. Our curriculum supports pupils to make choices to live safe and healthy lives; stay safe in person and online; develop resilience and self-confidence; respect each other and make a positive contribution to their community. Pupils learn about online safety, personal safety, road safety, fire safety, first aid and how to make good choices in their everyday lives.

During the annual cycle proficiency programme, children learn how to safely ride their bikes and navigate the local area safely.

We asked the children what they learn about at school that helps them to understand how to stay safe.

This is what they said:

Safety studies week helps me to be safe because it teaches me what to do with first aid, which is important in case you come across an emergency. Y6 pupil

The school rules help us to be safe because one rule mentions being safe. Y3 pupil

I know that you don't tell people your name online. Y1 pupil

Zones of Regulation helps me because you can find the poster and get some ideas to get back to the green zone. If someone is mean to you then the teachers will help you. Y3 pupil

The school rules help all of us with being safe because if everybody follows them then we can all stay safe. Y5 pupil

The school has taught me that if someone online asks you for personal information, do not give it to them because they could find out your gender and address which could be dangerous. Y6 pupil

Zones of regulation helps you to control your emotions and be in the zone for learning. It helps people stay safe because they don't get to the red zone. The teachers inspire us to be safe because they behave responsibly and that shows us what to do.

Y5 pupil

Zones of Regulation helps me to be safe because I use the ideas to be safe. Y2 pupil

Safety studies teaches me about online safety. I know you shouldn't speak to people you don't online and never meet someone in person that you've met online. Y4 pupil

We asked the children what they would do if they felt worried, uncomfortable or unsafe.

These are just some of their ideas:

Adults in school helps us to be safe on the playground. We have rules for the playground and the adults show us what to do. We ask an adult if we need help. Y2 pupil

Using the worry box is helpful because if you have a worry, your teacher will see it and help you to fix whatever is going on. Y4 pupil

If you hurt yourself then the adults will help you and give you a plaster. Y1 pupil